

# Revision and exam preparation

**16 FEBRUARY 2017**



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# FORMAT OF THE EVENING



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**Welcome**

**Miss Thompson**

**Planning revision**

**Miss Thompson**

**Active revision techniques**

**Miss Thompson**

**GCSE POD / Online Support**

**Mr S Butt**

**Practice Papers**

**Miss Nash**

**Exam Day**

**Mr Jefferies**

**Supporting Teenagers through Exams**

**Mr Jefferies**

# WELCOME : REVISION



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- Revision technique is a **personal** thing
- Lots of helpful material on revision and exam preparation on the school website
- <http://www.henleyschool.com/examinations>



# PLANNING REVISION TIME

- Revision timetable (on your chair)

- **BE REALISTIC** - Consider

- The School day (students stay until middle of June)
- Leisure
- Sleep

## SUBJECTS :

Break down the time needed

- Look at Topics
- How Many
- Time per topic
- Types of Revision
- Resources

## EXAM TIMETABLE

- Consider the placement of exams – remember students will have revision time in school as exams are taken. These will be guided and independent – students need to include this in their planning.

# ACTIVE REVISION TECHNIQUES



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Active revision involves you actually doing something with the information you are trying to learn and not just sitting there staring at a revision guide or textbook. **Remember, people revise best in different ways.** In other words, the most effective revision technique is a personal thing so choose what works well for you so long as it is an active technique. Here are some ideas of active revision techniques:



**in2ambition**

inspiring and nurturing aspirations

# MEMORY



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30 SECONDS TO REMEMBER AS MANY THINGS ON THE LIST AS POSSIBLE

Teddy

Desk

Pencil

Diary

Keyboard

Bin

Chair

Cupboard

Window

Poster

Clock

plug

Pen

Carpet

Door

Apple

Scissors

Speaker

Mouse

Coat

Earring

Shoe

Water bottle

Handle

ball

Glasses

Blazer

Hair bobble

Light switch

Blind

Shelf

Lipstick

Mobile phone

# MEMORY MNEMONICS / ACROSTICS



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Use *rhymes or even songs* to help remember information

**R**ICHARD **O**F **Y**ORK **G**AVE **B**ATTLE **I**N **V**AIN

New List – 30 seconds !

Orange

Chair

Kettle

Coat

Slippers

Desk

Lamp

DVD

Coffee

Blanket

Photograph

candle

Umbrella

Wellies

Cat

Cushion

Hoddle

Curtains

Knight

Sunflower

Bean bag

Table mat

Biro

Pen pot

# MEMORY TELL A STORY



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30 SECONDS TO REMEMBER AS MANY THINGS ON THE LIST AS POSSIBLE

Coffee table	Boots	Apple
Dog	Wellies	Passport
Hamster	Russian blind	Watch
Candle	Ornament	Pencil
Coat	Photograph	Scissors
Stool	Laptop	Saucepan
Television	Soap	Ginger
Letters	Dishcloth	Teapot
Spoon	Bean bag	Coffee
l pad	Tale mat	
Handle	Fruit bowl	
kettle		



# MEMORY MIND PALACE



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30 SECONDS TO REMEMBER AS MANY THINGS ON THE LIST AS POSSIBLE

Deodorant  
Pillow  
Drawers  
Cat  
Cushion  
Coat  
Apple  
Jumper  
Green tea  
Sofa  
Mirror

Pear  
Passport  
Watch  
Pencil  
Scissors  
Saucepan  
Ginger  
Teapot  
Coffee  
Slippers  
Night gown

Roses  
Ball  
Book  
Radio  
Hockey glove  
Socks

# ACTIVE REVISION IDEAS



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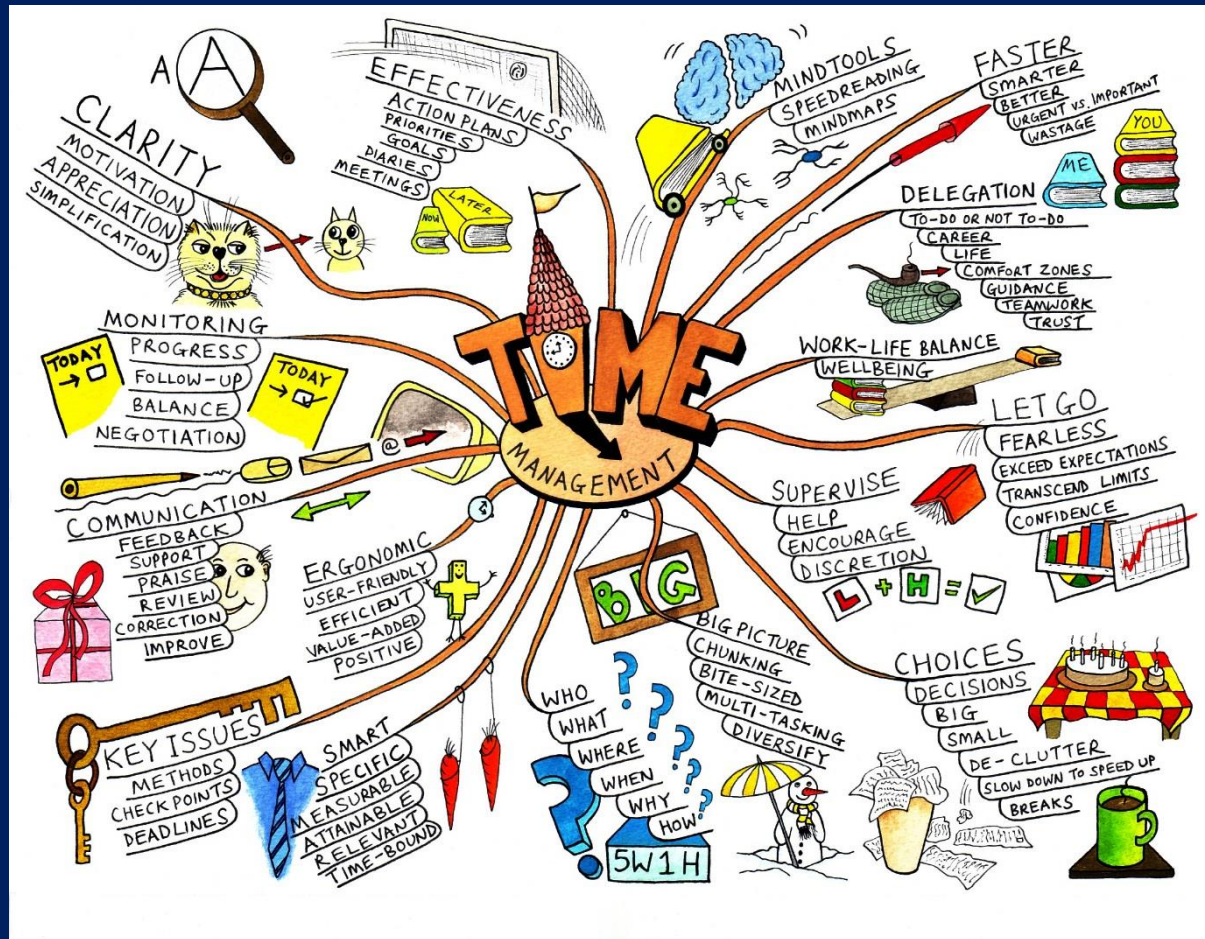
- Make **bullet point** notes
- Condense your revision notes onto small **index cards**
- Draw **spider diagrams**
- Use **colours and highlighters** to emphasise important parts of your notes
- Write **key words or concepts** on **post-it notes** and stick them all over the house
- Use **rhymes or even songs** to help remember information
- Practice doing past **exam papers** that your teacher has given you. Then use the mark scheme or text book/notes to mark your answers
- Ask a **friend or parent to test** you by asking questions
- **Record revision notes onto a mobile phone** and then play them when you're out and about
- Use one of the **websites** recommended to you by your teacher but don't just surf the web as there is always the possibility of distraction or the information might not be suitable for the GCSE course you are doing

# ACTIVE REVISION MIND MAPS



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- Draw **spider diagrams** and memory maps with small pictures, symbols and key words. This is particularly effective for visual learners and help to show how concepts are linked together



# USEFUL ONLINE WEBSITES FOR STUDY SUPPORT & REVISION



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[www.gcsepod.com](http://www.gcsepod.com) ALL SUBJECTS - This website covers the majority of subjects studied. It has podcasts (short films with audio addressing all topics in the specification). This can also be downloaded as an app onto all smartphones, if podcasts are downloaded they can be stored and you do not have to be online to access them.

# USEFUL ONLINE WEBSITES FOR STUDY SUPPORT & REVISION



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[www.bbc.co.uk/education/subjects](http://www.bbc.co.uk/education/subjects) ALL SUBJECTS – excellent resource for quick tests with feedback, podcasts, past questions etc.

<https://cloud.henleyschool.com> This gets students onto the school portal and all subjects shared area of resources and student work that is saved at school



# PRACTICE MAKES PERFECT

- Year 11 - Past papers
- Year 10 - Subject Staff will provide relevant questions as appropriate, using past papers

3. Find  $x$ .

Here it is ~~X~~ O

Ocular Trauma - by Wade Clarke ©2005

# PRACTICE MAKES PERFECT



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- **Assessment Information Booklet (Year 11 Pupils received)**
- **Website – School and Exam Board**
- **New Specifications English and Mathematics**

**(Resources are limited this year but Year 10s will have access to this Year's papers from September)**

# EXAM DAY PREPARE



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- Organise the **night before** correct **equipment**  
- e.g. black pens, pencils, scientific calculator.
- Equipment in a clear pencil case or a small **clear plastic bag**
- Get **plenty of sleep**
- Eat a **good breakfast**: “low GI”; non-sugary cereal, toast and some fruit juice
- **Leave** for the exam in **plenty of time**



# EXAM DAY IN THE EXAM



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- Hand in **mobile phones**
- **Read each question carefully**
- focus on the **command words**
- Use the number of **marks available for the question** as a guide
- Manage your time
- **Stay positive!** If you get stuck with a question then leave it and come back to it later.

# EXAM DAY MANAGING STRESS



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- **Minimise your anxiety** -
- Avoid panicking friends with last minute cramming
- Positive Attitude/Thoughts
- Breathing
- Take time
- Focus – avoid distractions
- Accept adrenaline – understand it for what it is.

# Supporting Teenagers through Exams



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Hard<sup>3</sup>

# Supporting Teenagers through Exams



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# Manage the moods

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# Patience

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Time  
and  
space

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# Constructive listening

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Be positive



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# Cuddle