



HENLEY-IN-ARDEN
SCHOOL
Achieving Excellence Together



Headteacher's Corner

Another new year! We all tend to do two things as the bells strike midnight on December 31st: we look back on the old year and wonder about what the new will bring. If you want to look back on the old year at Henley, scroll through our twitter account, [@HenleySchool](https://twitter.com/HenleySchool). You'll be amazed at how much we packed in – no wonder everyone was exhausted by the end of term!

Looking towards the new year, however, may be equally exciting but for many, it's daunting – even worrying. Here, too, looking back can be useful. There's strength to be gained from thinking about what kept you going when things were tough in 2017: friends, faith, taking a break. Perhaps, though in preparing for a new year, we could go further: health professionals talk about "[five a day](#)" for mental health: keeping active, connecting with others, giving of our time, learning something new, stopping for a while to take notice of the world around us.

However carefully we plan, we're never entirely sure what will happen so perhaps we should use the new year as an opportunity to resolve to take the "5 a day" advice and make sure that, whatever 2018 brings, we'll be ready.

Drinks in school

Could we please remind parents and pupils that pupils are welcome to take drinks of water into lessons but **not** sugary, fizzy or energy drinks.

Drinks containing high levels of sugar and/or caffeine have been found to be damaging to a young person's health and anyone who has ever worked with children will know that taking in large levels of caffeine and sugar makes learning very difficult. As from next week, sugary or "energy" drinks will be confiscated from pupils.

Please would you also bear in mind that we sell 1,000 plastic bottles of water a week from the canteen – that's a lot of plastic waste! Please bring a reusable bottle which can be refilled at one of the water coolers around school – it's cheaper and it's better for the environment!

Mr Jefferies

Caring for others

Before Christmas, we did some fundraising in Performing Arts and on Festive Clothing Day to be split equally between school funds and the Myton Hospices. Very well done to all pupils and their families as this week we were able to donate an impressive £663.90 to our friends at the hospices on your behalf. Thank you for your generosity.

Mr M McCulley



Year 11 Student Conference Day

Student Conference Day is being held on Thursday 18 January during the school day when all students will formally receive their mock results .

Elevate are coming in to do some targeted work on 'Ace Your Exams'. Students will also receive formal stress management training from a mental health expert as well as revision workshops and some help with updating their CVs.

Year 11 Parents' Evening

There is an additional Year 11 "Invitation only" Parents' Evening on Thursday 18 January between 4pm - 7pm whereby parents who have received an invite may come and discuss their child's progress.

Ms N Thompson

HENLEY-IN-ARDEN SCHOOL

NEWSLETTER

Friday 12 January 2018

Forthcoming Dates:

Year 11 Student Conference Day

Thursday 18 January 2018

Year 11 Parents' Evening (invite only)

Thursday 18 January 2018

www.henleyschool.com

Twitter: @HenleySchool

Music Clubs

Music Clubs start again in the week beginning 15th January.



Monday – Choir (all welcome, including new people!)

Tuesday – Orchestra (invitation only)

Wednesday – Ukulele group (all welcome)

Our Rock School will start again on Wednesday 24 January. Letters about payment arrangements will be going out next week. Anyone who is interested in starting this should get in touch with Miss Blyth (sblyth@henleyschool.com) for further information.



We currently have space for keyboard/piano lessons. If you are interested in starting to learn, please get in touch with Mrs Lewis

(slewis@henleyschool.com) for

further information.

Instrumental lessons are beginning for this term. Timetables will be issued ahead of these and a copy is also placed on the music department noticeboard. Please check these carefully as lesson rotations will have taken place for this term.

Please can I remind anyone who has not yet returned their contracts or made payment for this term to do so immediately. Students may not be able to start their lessons if the correct arrangements are not in place.

Miss S Blyth

Sophie's international success!

You may remember that back in the Autumn term, our Head Girl, Sophie Sturzaker, was selected to attend the World Scholars Cup International Tournament of Champions debating competition at Yale University where she represented Henley in Arden School. If you've never heard of this event, think of it as a kind of Olympics for the brain: events test general knowledge, debating skills and writing skills.

I'm delighted to report that Sophie had a very successful visit to the US. In fact, "very successful" is probably an understatement: she came back with two gold medals and two silver medals and having carried the UK flag in the closing ceremony.



Library News

We are very excited to have a new book on our shelves written by one of our students, Emilia Mrowka, Year 10. Emilia's book is called "Oi! Mirai!": The Path of Death.

From the cover blurb: 'Mind infested with thorns, petals tainted by darkness and her stalk bent from the wind of tomorrow. The flower's head bowed in shame as if giving her last bow.' Mirai Era is a troubled teen who doesn't know what to do with her life'

The book is available from Amazon, and of course, in our library.

Congratulations Emilia!

Mrs Y Stimpson

Christmas Tree Bombing

The Henley in Arden 'Tree Bombing' was a huge success. On a frosty morning at the start of December we dressed our tree on the High Street with a variety of pompoms, dream catchers and embroidered squares.

Hopefully you were able to spot our tree over the festive period. We were entered into the town raffle and were lucky enough to win a prize of £50 which we donated to the Myton Hospice.

We are now beginning to plan ready for this year and aim to make it bigger and better! Any ideas are gratefully received.



Thank you to everyone that helped with the 'bombing'.

Mrs C Ellis-Brooke

Extra-curricular activities - administration issues

Please can you ensure that all paperwork which either requires your parental consent, requests information for trips or maybe chases payment, is attended to promptly in order to avoid missed deadlines and potential additional costs being incurred.

Your support is appreciated.

Mrs S Lewis



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